

hair removal & tinting

Talk to one of our qualified beauty therapists about our range of hair removal options and we can help tailor a treatment suitable for you...

Waxing

Our waxing treatments are performed using the highest quality wax (hot wax and strip wax) finishing with a soothing anti-bacterial lotion after wax massage. In accordance with hygiene standards we do not re-cycle our wax.

Full Leg	\$48.00
Half Leg	\$25.00
Three Quarter Leg	\$35.00
Bikini	\$20.00
G-String	\$35.00
Brazilian	\$55.00
Underarm	\$17.00
Full Arm	\$35.00
Half Arm	\$26.00
Stomach Line	\$15.00
Chin	\$16.00
Eyebrow Sculpture	\$20.00
Lip	\$14.00
Face (inc lip & eyebrow)	\$38.00
Back	\$40.00
Chest	\$40.00

Electrolysis

Electrolysis is a tried and proven method of permanent hair removal. During the treatment, a disposable fine sterile probe is inserted into the hair follicle through which a current is transmitted. This slowly weakens the hair root cells and inhibits the growth of future hairs.

Red Vein Therapy- 20 mins

Is the treatment of broken capillaries, thread veins, spider navi and blood spots. The treatment is done by short wave diathermy which treats spots of stagnant, trapped blood, ruptured in the tissues that can be permanently removed.

Tinting

Your eyelashes and eyebrows define your eyes.

Revamp your look easily with no fuss tinting.

Body Bronzing

Ella Bache Spray Tan - \$40.00 20 mins

Get a golden-brown tan that lasts for days. This fantastic tan will not streak. Overall it will look as though you have been on a tropical island.

packages

Total Indulgence- \$328.00

4 hours of pure heaven consisting of:

Aromatherapy Full Body Massage

Signature Facial

Deluxe Manicure

Deluxe Pedicure

Eyelash tint and Eyebrow shape

Also enjoy a light lunch and a glass of sparkling wine, you will feel like you are in heaven....

Float on Cloud 9 - \$227 - 2 hours 45 mins

Take time out from your hectic, crazy life to experience some heaven, consisting of:

Signature Solutions Facial

Sparkling Manicure or Pedicure

Eyelash tint and Eyebrow shape

Escape Package - \$260.00 - 2 hours 45 mins

Feel the need to be somewhere else? This 'escape' consists of:

Aromatherapy Full Body Massage

Almond Body Scrub

Sparkling Manicure

Sparkling Pedicure

Bliss Package—\$450

This package consists of 6 full body massage treatments

Year of Bliss Package—\$850

This package includes 12 full body massage treatments to give you a full year of bliss...

**Packages are subject to change*

make-up

Our fully trained make-up experts are ready to help you create that special occasion make-up or totally redesign your look. We use the 'Stageline' brand of make-up to create your 'flawless' face.

Payment Options

We accept Visa, Mastercard or Eftpos for payments of \$15 or more.

Cancellation Policy

The treatment you select is reserved especially for you.

A 24 hour cancellation notice is kindly appreciated both by us and other clients.



Body Essentials is designed to be a haven for professional and busy people who need to take some time out for themselves. Body Essentials embraces the highest standards in professional services and products. Body Essentials has a reputation for excellence, their commitment to their clients well being and ensuring clients' confidentiality.

Opening Hours

Mon-Wed 9.00am-6.00pm

Thursday 9.00am-9.00pm

Friday 9.00am-6.00pm

Saturday 8.00am-1.00 pm

(After 1pm by appointment only)

**Public holidays and Saturday afternoon events will incur a surcharge*

Gift Vouchers

A Body Essentials Gift Voucher is a great idea for those special people who have everything, choose from a single treatment or a pamper package.

www.bodyessentialsbycilla.com.au

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facial treatments

Skin diagnosis

Before your facial our therapist will assess your skin with the Ella Bache Skin Scanner to see the skin as it appears under a deep violet light that fluoresces skin conditions in different colours. Excellent diagnosis tool for accurate skin analysis and appropriate product selection for your treatment program

Signature Deep Cleanse - 40 min \$55.00

This facial is designed to suit your personal skincare needs. It includes cleansing, exfoliation steaming for deep pore cleansing and a mask specifically tailored for your skin. The treatment is complete with a moisture protective cream.

Signature Solutions Facial -1 hour \$75.00

Ella Bache Solution facials treat different skin conditions targeting specific skin care concerns. A deep cleansing facial that helps to restore the skin's natural PH and moisture levels through gentle cleansing, exfoliation, oxygen infused vapour, face, neck & décolleté massage and masque treatment.

Hydra Plumping Facial -1 hour 15mins \$99.00

Intensive hydrating facial treatment that focuses on the eye, lip and neck area for a plumper, smoother, dewy moist complexion.

Soin Bio-Reparateur Anti-Slackening Facial - 1 hr15mins \$99.00

An intensive facial treatment with multi-active fabanine to revitalize and regenerate the skin. Reinigorates tired, lack lustre skins that are stress-damaged.

Age Protection Facial- 1 hour 15mins \$99.00

An intense anti-ageing facial treatment that corrects the signs of ageing and protects against the damaging effects of time.

Radiance Intensive Eye Treatment -40mins \$50.00

An intensive eye mask that rejuvenates and smoothes the eye contour area. Reinforces skin hydration relaxing fine lines and wrinkles regaining eye radiance.

French Facial - \$99.00

90 mins

An Ella Bache Solutions facial treatment that is followed by a relaxing back massage.

body treatments

Aromatherapy Massage- 1 hour \$75.00

Experience the benefits of a massage with individually chosen essential oils in one of the finest anti-stress treatments available.

This complete full body massage focuses on soothing the body and mind, thus restoring lost energy.

Full Body Massage- 1 hour \$75.00

A massage designed to ease tension, relieve stress and promote a general state of well being.

Back & Neck Massage - 30 mins \$55.00

30 minutes of pure heaven, relax away all of life's tension and soothe your aching muscles to help restore balance and vitality to your life.

Almond scrub-buff & polish - 45 mins \$75.00

Try our nourishing, aromatic almond and floral oil recipe to gently exfoliate and condition your skin so that it's never felt so smooth.

Salts of the Earth- 45 mins \$75.00

Sea salt scrub rich in stimulating minerals

Universal Contour Body Wrap \$130.00

The universal Contour Wrap is an all natural, effective way to achieve inch reduction, detoxify the body, cleanse the skin and leave you feeling totally rejuvenated with a wonderful smooth and silkier skin texture.

Ear Candling - 30 mins \$50.00

Assists with a wide range of conditions including headaches, sinus problems and stress.

Zhav Dynamic Lift - \$98.00

All it takes is one hour to put you back on the road to vibrant, youthful looking skin which glows with health & beauty. Leading edge technology means amazing results are now available without the need for surgery.

Zhav Micro-Derma \$ 88.00

The latest innovation in deep skin peeling for healthy glowing skin. This treatment ensures a quick, gentle and highly effective skin peeling treatment, tried and tested for over 10 years in Europe.

hands & feet

High speed manicure - 20 mins \$ 30.00

Shape, file, buff and polish.

Sparkling manicure - \$55.00

This treatment includes a soothing hand soak (bath) and a gentle exfoliation treatment. Cuticles are gently removed, then enjoy a relaxing hand massage. Nails are then groomed & polished.

Deluxe manicure - 1 hour \$68.00

All of the above plus a sensuous layer of paraffin.

Sparkling pedicure - \$55.00

Try our nourishing, aromatic almond and floral oil recipe to gently exfoliate and condition your skin so that it's never felt so smooth.

Deluxe pedicure - \$68.00

All of the sparkling pedicure treatment plus a sensuous layer of paraffin.

Gel nails & Gel tips

Long wearing, flexible and chip proof, your Bio-Sculpture gel treated nails keep their well manicured look long after application. Choose between added length or simply a coating for protection. Colour, French or clear finishes are available.

Acrylic nails

Our nail technicians are qualified to apply acrylic nails to add length to your nails.

body essential man

Maintenance Man Facial - 1 hour \$75.00

His favourite detoxifying treatment Purifying, hydrating and refreshing, this facial will deep cleanse and smooth your skin's texture resulting in a healthy, clean skin.

Repair Man Facial - 1 hour \$75.00

Calming, soothing and strengthening, this facial will reduce and balance redness and soothe the most irritated skins. Helps cool shaving rash.

Fix it Man Massage - 1 hour \$75.00

He'll love this relaxing full body massage to ease and relax those tired muscles.

The Handy Man - 30 mins \$55.00

Give him perfect hands or feet with this treatment.